

Bedtime Petition of St. Ephrem

1. Lord have mercy upon us
O Lord receive our service
Send us from your treasure-house
Mercy, grace, and forgiveness
2. Help me to keep vigil and
Stand watchfully before You
but if I were to slumber
May my sleep be without sin
3. If I sin while keeping watch
Lord, forgive me by Your grace
And if I sin in my sleep,
Absolve me by Your mercy!
4. Lord grant me peaceful sleep by
the Cross of Your humbleness
Save me from all evil dreams
and from obscene images
5. While I sleep throughout this night
Lord, protect me and prevent
evil men and sinful thoughts
from taking control of me
6. Send me an angel of light
to protect my whole body
By Your flesh which I've consumed
save me from hateful passions
7. Lord, when I lie down to sleep
May Your blood be my guardian
granting freedom to my soul
which is formed in Your image
8. Overshadow my body
with Your right hand which formed it
May Your fortress of mercy
be a shield surrounding me
9. May Your strength be my guardian
As my body sleeps in peace
May that sleep be like incense
before Your great majesty
10. By the pray'rs of Your Mother
Let not Satan near my bed
By Your sacrifice for me
Forbid him from harming me
11. Lord fulfill what you promised
Guard my life by Your Cross that
I may praise You when I wake
For you loved my feebleness
12. Grant, by Your compassion, Lord
that I may obey Your will
Grant us an evening of peace
And a night of righteousness
13. Christ our Savior, O True Light
Whose honor dwells in the light
You are indeed the True Light
Whom the sons of light worship
14. Jesus, Savior of the world
who dwells truly in the light
Have mercy upon us in
this world and the world to come
15. Glory to You! Praise to You!
Thousands of praises to You
Glory Lord! Glory to You,
Lord, have mercy on us all
16. Praise the One Watchers worship
Praise the One the angels serve
Lord of Watchers and angels
Hear the pleas of Your faithful

**Stanzas sung during Great Lent*

17. Praise Him Who is One Essence
Praise Him Who is Three Persons
Father, Son, Holy Spirit
Who is the One and True God
18. Glory to Him who accepts
like first-fruits and of-ferings
the tears of the penitent
and the pray'rs of the feeble
19. Countless as the leaves of trees
are those on earth who praise You
Whom Watchers in Heaven serve
and whom angels glorify
20. With wisdom and purity
let us glorify our God
Father, Son, Holy Spirit
Who is the one and true God

(If not during Great Lent, skip to verse 25)

21. **Do not keep gold and silver
which contain deadly poison
Rather, obtain sound doctrine
that you are loved by the Lord*
22. **Observe the forty-days' fast
and give bread to the hungry
And as you learned from David
Pray seven times every day (Ps 119:164)*
23. **Both Moses and Elijah
fasted forty days and nights
as our Lord also fasted
and conquered the evil one*
24. **May the pray'r which ascended
from the furnace, sea and pit
open the door of mercy
for our pray'r and petition*
25. Lord, who hears our petitions
Answer us in Your mercy
Lord, be reconciled with us
Have compassion upon us

Psalm 4

Hear me when I call, O God of my righteousness! You have relieved me in my distress;
Have mercy on me, and hear my prayer.

How long, O you sons of men, Will you turn my glory to shame? How long will you love
worthlessness And seek falsehood?

But know that the LORD has set apart for Himself him who is godly; The LORD will hear
when I call to Him.

Be angry, and do not sin. Meditate within your heart on your bed, and be still.

Offer the sacrifices of righteousness, And put your trust in the LORD.

There are many who say, "Who will show us any good?"

LORD, lift up the light of Your countenance upon us.

You have put gladness in my heart, More than in the season that their grain and wine
increased.

I will both lie down in peace, and sleep; For You alone, O LORD, make me dwell in safety.

And to You belongs the praise O God, Barekmor

O Holy Father, guard us by Thy sacred name,

O Son of God, our Savior, protect us with Thy victorious Cross,

O Holy Spirit, make us worthy temples of Thy holy habitation.

O Lord our God, forever shelter us, under Thy divine wings, at all times forever, Amin.